



# SUNSET

## JR CLINICS SUMMER 2021



## ELEVATE YOUR GAME AND EXCEED YOUR GOALS!

Welcome to the 2021 Vetta Sunset Summer Junior Program! Vetta Sunset offers a variety of comprehensive programs for players of all levels and interests. Our team is committed to making junior tennis development a priority. Program placement is based on skill level as evaluated by our teaching professionals.

**GET MORE INFO & ENROLL FOR CLINICS**  
[SUNSET@VETTASPORTS.COM](mailto:SUNSET@VETTASPORTS.COM)  
[WWW.VETTASPORTS.COM/SUNSET](http://WWW.VETTASPORTS.COM/SUNSET)

### SUMMER SESSION DATES:

Summer Session 1: June 1-July 5 (5 weeks)  
 Summer Session 2: July 6-August 9 (5 weeks)

### 2 OUTDOOR LOCATIONS:

**Westminster Christian Academy**  
 800 Maryville Centre Drive, Chesterfield 63017

**Webster Groves Tennis Center**  
 33 East Glendale Road, Webster Groves 63119

#### RED BALL 1 / 2 / 3 (1HR) \$120

Monday	8:30-9:30am	Westminster
Thursday	8:30-9:30am	Webster Groves
Saturday	8:00-9:00am	Webster Groves

#### ORANGE BALL 1 & 2 (1HR) \$120

Tuesday	8:00-9:00am	Westminster
Thursday	9:30-10:30am	Webster Groves

#### HP ORANGE BALL 3 (1.5HR) \$170

Tuesday	8:00-9:30am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### DEV BEG GREEN BALL (1.5HR) \$170

Monday	9:30-11:00am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### HP GREEN BALL (1.5HR) \$170

Tuesday	8:00-9:30am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### DEVELOPMENTAL BEGINNER & COMP (1.5HR) \$170

Monday	9:30-11:00am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### HP JR /CO-ED HS (2HR) \$200

Tuesday	3:00-5:00pm	Westminster
Thursday	11:00am-1:00pm	Webster Groves
Saturday	11:00am-1:00pm	Webster Groves



# SUNSET

Vetta Racquet Sports - Sunset  
 10911 Gravois Industrial Court  
 St. Louis, MO 63128 314.849.2327  
[sunset@vettasports.com](mailto:sunset@vettasports.com)  
[www.vettasports.com/sunset](http://www.vettasports.com/sunset)

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### RED BALL PATHWAY

Special equipment is utilized to help develop the students' athletic abilities. Lower compression red tennis balls and scaled down courts will allow the players to have maximum success while learning the sport of tennis. All Red Ball players will be grouped together based on evaluations by our staff and meet for one hour per class.

- **Red Ball 1** (Ages 4-6): Class is designed for first time players and focuses on building physical skills (agility, balance, coordination and speed) while teaching tennis fundamentals.
- **Red Ball 2** (Ages 6-7): Class is designed for beginners or players moving from Red Ball 1. Players show more consistency, placement, overhead serves and learning to keep score.
- **HP Red Ball 3** (Invitation only) This player has mastered all of the skills in Red Ball 1 and 2 and is on the High Performance pathway.

#### RED BALL 1 & 2 (1HR) \$120

Monday	8:30-9:30am	Westminster
Thursday	8:30-9:30am	Webster Groves
Saturday	8:00-9:00am	Webster Groves

#### HP RED BALL 3 (1HR) \$120

Monday	8:30-9:30am	Westminster
Thursday	8:30-9:30am	Webster Groves
Saturday	8:00-9:00am	Webster Groves

### ORANGE BALL PATHWAY

Special equipment is utilized to help develop the students' athletic abilities. Lower compression orange tennis balls and scaled down courts will allow the players to have maximum success while learning the sport of tennis. Orange Ball 1 & 2 meet for one hour per class. HP Orange Ball meets for 1.5 hours per class. All Orange Ball players will be grouped together based on evaluations by our staff.

- **Orange Ball 1** (Ages 8-10 Beginner): Focuses on building the athletic skills required by the sport while also applying the fundamentals necessary to serve, rally and score using a rally/game based curriculum.
- **Orange Ball 2** (Ages 8-10, Advanced Beginner): Players have demonstrated a basic understanding of Orange Ball 1 and are ready to move to the next level. Consistency, ball movement and serve techniques are expected. Players have entered match play and know how to keep score.
- **HP Orange Ball 3** (Invitation only) This player has mastered all of the skills in Orange Ball 1 and 2 and is on the High Performance pathway. Recommend a minimum commitment of one drill and one play session per week.

#### ORANGE BALL 1 & 2 (1HR) \$120

Tuesday	8:00-9:00am	Westminster
Thursday	9:30-10:30am	Webster Groves

#### HP ORANGE BALL 3 (1.5HR) \$170

Tuesday	8:00-9:30am	Westminster
Thursday	9:30-11:00am	Webster Groves



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### SUMMER SESSION DATES:

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### GREEN BALL PATHWAY

Lower compression green tennis balls and full courts will allow the players to have maximum success while learning the sport of tennis. All levels are offered one or two times a week for 1½ hours per class. All Green Ball players will be grouped together based on evaluations by our staff.

- **Developmental Beginner Green Ball** (Ages 10-12): This class teaches basic tennis skills to the new player. This introduction to tennis is designed to build self-esteem in a non competitive, positive environment while learning a sport you can play at all ages.
- **HP Green Ball** (Invitation Only): This player has mastered all of the skills in Red, Orange, and Green Ball and is on the High Performance pathway.

#### DEV BEG GREEN BALL (1.5HR) \$170

Monday	9:30-11:00am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### HP GREEN BALL (1.5HR) \$170

Tuesday	8:00-9:30am	Westminster
Thursday	9:30-11:00am	Webster Groves

### YELLOW BALL PATHWAY

- **Developmental Beginner** (Ages 13-17): Developmental Beginner teaches basic tennis skills to the new player. This introduction to tennis is designed to build self-esteem in a non competitive, positive environment while learning a sport you can play at all ages.
- **Competition** (Ages 13-17): Competition is designed for the advanced beginner player. These classes meet one or two times a week and are devoted to drilling and improving skills such as approach shot, passing shots, overheads, and the spin serve. Emphasis will be placed on serving and returning, singles and doubles tactics, and the beginnings of the mental game. These students will be encouraged to participate in tournaments.

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### YELLOW BALL PATHWAY CONT.

- **HP JR** (Ages 11-14) This class is designed for the advanced player that has mastered all the skills of the lower levels and intends to play high school tennis and tournaments. This class will meet 1-3 times a week for 2 hours each class. Focus for this group will be stroke improvement, consistency and singles and doubles strategy, along with conditioning and mental aspects of the game.
- **CO-ED High School Training** (Ages 14-18) This program is designed to give the high school player a well rounded game with 2 hours of drilling and match play. Conditioning and mental aspects of the game will also be included. Game development such as stroke improvement, consistency, and singles and doubles strategy will be the focus for this group in a fun and positive environment. This group is not for a beginner.
- **High Performance Training** (Invitation Only): This program is by invitation only; contact Billy Gluck (High Performance Director) at Sunset 314-849-2327 for consideration.

#### DEVELOPMENTAL BEGINNER & COMPETITION (1.5HR) \$170

Monday	9:30-11:00am	Westminster
Thursday	9:30-11:00am	Webster Groves

#### HP JR (2HR) \$200

Tuesday	3:00-5:00pm	Westminster
Thursday	11:00am-1:00pm	Webster Groves
Saturday	11:00am-1:00pm	Webster Groves

#### CO-ED HIGH SCHOOL TRAINING (2HR) \$200

Tuesday	3:00-5:00pm	Westminster
Thursday	11:00am-1:00pm	Webster Groves
Saturday	11:00am-1:00pm	Webster Groves



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